North Charlotte Dental Hygiene Study Club

Oral Pathology Scenario #1





#3-4
Ulcerated Tissue
Non-resolving
No pain
Radiographic bone loss

What is this? <u>Squamous Cell Carcinoma</u> What Action? Biopsy; Resective Surgery with OMS; Teeth replacement with general dentist

1. What do you think it is?

- periodontal abscess / inflammatory lesion
- appliance (RPD clasp, mouthguard)
- NUG/NUP
- Osteonecrosis
- Pathology (cyst, pemphigoid, viral, stomatitis, reactionary tumor, cancer -sarcoma)
- traumatic injury (habits, toothpick, foodtrap)
- "no idea what this is"

2. What action would you take?

- biopsy
- referral: periodontist/OMS/pathologist
- SCRP / debridement
- antibiotics, medicaments
- behavioral change
- new appliance (mouthguard)
- "not enough information"
- combination of above

The following are questions to think about when evaluating oral lesions:

- 1. Review medical history: **smoking**, diabetes, medications, radiation therapy, cancer history
- 2. Review dental history: look for causes of tissue trauma
- 3. Extraoral and Intraoral Exams (*palpation* of lymph nodes, lesions): size, soft, *firm*, *fixed*
- 4. Etiology: calculus, plaque, habits, appliances
- 5. Pain: If **no pain** and it looks like it should hurt, this can be a red flag.
- 6. Duration: new; present longer than 2 weeks
- 7. Frequency: **new** or recurring
- 8. Pattern: **localized** or generalized; **unilateral**
- 9. Location: attached gingiva, mucosal tissue, *tongue*, *FOM*, retromolar pad
- 10. Palpation: does surface wipe off, bleeding, soft, *firm*, *fixed*
- 11. Radiographic findings: <u>crestal bone loss</u>, <u>-luscency</u>, <u>-opacity</u>, <u>calculus present</u>

Take Home Message

- 1. Duration: If a lesion is present longer than 2 weeks biopsy warranted! Do not wait until next cleaning to check lesion. Bring back in 2 weeks if necessary.
- 2. If you have no idea, ask your dentist to evaluate. May need to refer to a Periodontist or OMS
- 3. If you are not looking, you may not notice a lesion until it has progressed too far.



If you have any questions or for more information, you have multiple avenues:

- 1. Email: drvank@trvperio.com
- 2. Website: www.trvperio.com
- 3. Facebook: North Charlotte Dental Hygiene Study Club